



PRAIRIE LOYALIST

FROM THE LAND OF LIVING SKIES.....

*UNITED EMPIRE LOYALISTS' ASSOCIATION OF CANADA
SASKATCHEWAN BRANCH*

February 2025

Vol 18 No 1

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Upcoming Meetings and Events

2025

Saturday April 19	Regular meeting: Regina
Saturday May 24	Dominion AGM (this is a virtual meeting only)
Thursday June 19	Saskatchewan UEL Day: Regina
Tuesday July 1	Canada Day Party: Government House, Regina
Thursday July 10 - Sunday July 13	Dominion Conference: Saint John, New Brunswick
TBA	Branch picnic: TBA
Saturday September 20	Regular meeting: Saskatoon
Saturday November 15	Regular meeting: Regina
TBA	Christmas Lunch: TBA

2026

Thursday January 1	New Year Levée: Government House, Regina
Saturday February 21	Annual General Meeting: TBA

Meetings in Regina will be at Western Pizza, 3847 Albert Street South unless otherwise noted.

FROM THE EDITORS PEN...

Saskatchewan experienced some extreme cold in the past few weeks, but relief looks to be in sight. Our branch's 40th year has wrapped up and we welcomed 2025 with our AGM on February 15th. With 17 people in attendance plus our members on Zoom, it was a good turnout for the Saskatchewan branch.

Members are always invited to join our branch meetings, either in person or by Zoom, whichever is practical and accessible for you at the time.

Please feel free to send any articles about your Loyalist ancestors or anything that you think our membership will be interested in. Pictures of branch events, member activities or special events of Loyalist members can be sent to the newsletter editor at scott.hazelwood@sasktel.net.

Scott Hazelwood, Prairie Loyalist Editor

**Saskatchewan Branch
UELAC Executive 2025**

- | | |
|-----------------------|----------------------------|
| President | <i>Jennifer Schafer UE</i> |
| Vice President | <i>Scott Hazelwood</i> |
| Past Co-President | <i>Ken Mackenzie UE</i> |
| Past Co-President | <i>Harvey Smith UE</i> |
| Secretary | <i>Barb Schmuland UE</i> |
| Treasurer | <i>Gerald Adair UE</i> |
| Genealogist | <i>Gerald Adair UE</i> |
| Assistant Genealogist | <i>Margaret Adams</i> |
| Membership Chair | <i>Kathy Webster UE</i> |
| Publications Chair | <i>Scott Hazelwood</i> |
| Archivist | <i>Harvey Smith UE</i> |
| Care Comm. Chair | <i>Beverley Risser</i> |
| Director | <i>Judy Sanders UE</i> |
| Director | <i>Margaret Adams</i> |



Kimberly Bell
Kevin Bell
Nicole Bell
Choiceland, SK

Tricia Hutton
Saskatoon, SK

Murray Anderson
Ituna, SK

Rylan Anderson
Fort Qu'Appelle, SK



THE CARE COMMITTEE

If you or a loved one is ill, in hospital or have suffered a loss, we encourage you or your loved ones to let the Care Committee know, to ensure that compassionate thoughts and prayers are directed your way during a challenging time.

We are connected through our ancestors, our heritage and a familial sense of sharing and caring.

Contact
Barb Schmuland UE
306-751-0933.



LOYAL & ROYAL

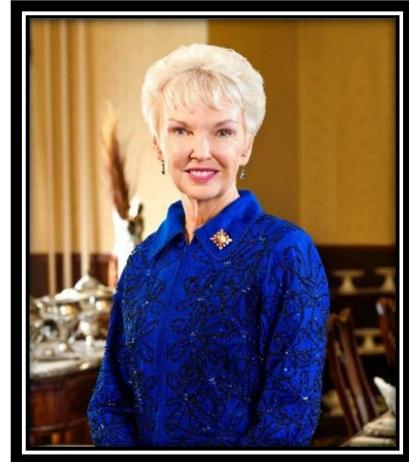
Saskatchewan's New Lieutenant Governor Patron of UELAC Saskatchewan Branch



On January 31, 2025, Saskatchewan's 24th Lieutenant Governor was installed in a ceremony at the provincial legislature. Her Honour the Honourable Bernadette McIntyre, became Saskatchewan's representative of His Majesty King Charles III.

The Lieutenant Governor is a patron or honorary member of many non-profit and community organizations in Saskatchewan. Vice Regal patronage recognizes organizations that contribute to the history and culture of the province and grants support and encouragement to organizations that reflect these priorities and interests. Patronage is only valid during the current Vice Regal term and helps build relationships between the Lieutenant Governor and these organizations.

The United Empire Loyalists have had a long history with connections to the Crown, with Lord Dorchester representing King George III, so we are privileged to have received patronage from Her Honour for our branch.



*Her Honour the Honourable
Bernadette McIntyre
Lieutenant Governor of Saskatchewan*

The Canadian Flag Turns 60

On February 15th, Canada celebrated 60 years of the Canadian flag. Though simple with only red and white and a single maple leaf between two bars, the flag means so much to so many people in so many ways. It symbolizes the pride, strength and unity of a great country and a diverse people. It represents sacrifices and accomplishments. It tells the world who we are... and who we are not. It is our flag. The True North Strong & Free.



Message from His Majesty the King to the people of Canada, celebrating the 60th Anniversary of the National Flag of Canada



Today my wife and I join with Canadians across Canada and around the world to commemorate an important milestone—the 60th anniversary of the Canadian flag.

On this day in 1965, Canada's red and white maple leaf flag was raised for the very first time on Parliament Hill.

Since that time, it has become internationally recognized as a symbol of a proud, resilient and compassionate country.

For my own part, it is a symbol that never fails to elicit a sense of pride and admiration, as I recall with the deepest affection my many Canadian visits and friendships.

- Charles R.

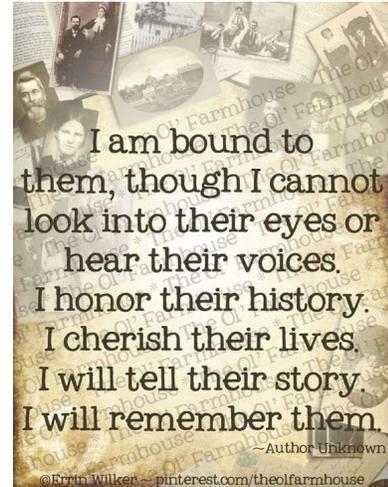
National Genealogy Day March 8, 2025

We all know that digging into the family tree can unveil a captivating journey through generations, offering insights into the heritage and the lives of ancestors; and we all know the frustration when hitting a genealogy roadblock or brick wall.

But did you know that the second Saturday in March is National Genealogy Day?

National Genealogy Day was created in 2013, by Christ Church, Limerick, Ireland to help celebrate the church's 200th anniversary. The church brought together local family history records from a group of churches where the people in attendance could then find out about their great-great-grandparents. The idea proved so popular that the day was repeated for the next two consecutive years.

...but isn't everyday Genealogy Day?!



UELAC CEMETERY PLAQUES

Do you know a Saskatchewan cemetery where descendants of Loyalists are buried?

The Cemetery Committee is looking for submissions for Cemetery Plaques. We need the name of the cemetery, where it is located and any known Loyalist ancestors that are buried there.

Please send submissions to any committee member. You do not have to be a Branch member to submit a cemetery.

Please remember that any of your family members that are also descended from your Loyalist should also be on your list. They do not have to be proven!

Committee members are:

- Gerry Adair UE
- Judy Sanders UE
- Harvey Smith UE
- Barb Schmuland UE

Plaques are now at the following Saskatchewan cemeteries.

- Maryfield Cemetery
- Dilke Cemetery
- Fairlight Cemetery



THE DOMINION ANNUAL GENERAL MEETING

Saturday May 24, 2025

The Annual General Meeting of The United Empire Loyalists' Association of Canada will be held on Saturday, 24 May 2025 at 11:00 a.m. CT (Saskatchewan time). This is a virtual (Zoom) meeting only.

If you are not able to attend the AGM, proxy forms will be available at our April Regular Members Meeting and will be carried forward by those attending.

Note that the Dominion AGM is a virtual meeting, and there will be no in-person attendance. This year, the AGM will not be held during the Dominion Conference; these will be two separate events.

UE Certificate!



Congratulations to Janie Fries UE (centre) on proving her Loyalist ancestor, William Empey. Janie received her UE certificate at our meeting on February 15th, presented by Branch Genealogist Gerry Adair and President Jennifer Schafer.

SHOP LOYAL



Are you looking for Loyalist Merchandise and Memorabilia?

Everything from Christmas ornaments, cuff links and luggage tags to shirts, hats, flags, family name ribbons, books and souvenir licence plates.

Select items are available at each meeting in the care of Gerry Adair.

There are also items available online at <https://uelbridgeannex.com/shop/>

SASKATCHEWAN UEL GENEALOGY



Do you have your copy of *Loyalist Descendants in Saskatchewan*? If you have, let your friends and family know if you enjoyed it. If you haven't got a copy, or would like to purchase one as a gift, you can get one at any branch event or by contacting Gerry Adair at gerry.pat@sasktel.net.

This Saskatchewan Branch book is \$30.00 if picked up in person or \$50.00 including shipping to anywhere in Canada.

LOYALIST NOTES

February is Black History Month

Black History Month was officially recognized by the Canadian House of Commons in December 1995 following a motion introduced by the Honourable Jean Augustine, the first Black Canadian woman elected to Parliament. Now retired Nova Scotia Senator Donald Oliver, Q.C., the first Black man appointed to the Senate, introduced a motion to have the Senate officially declare February as Black History Month, which received unanimous approval and was adopted on March 4, 2008. This was Canada's permanent recognition of Black History Month.



In 1783, when the American Revolutionary War ended, an early peace treaty stipulated that the British were not to remove American property as they withdrew. Typically, at this time, Black people would have been considered American property. As the Commander-in-Chief of the British forces, Sir Guy Carleton issued an order to British vessels to respect the peace treaty at the time that a fleet of ships carrying Loyalist refugees was ready to leave for Nova Scotia. Former enslaved people, many who had served in the Black Guides and Pioneers and had supported the British, were on board. Feeling that he did not have the right to deny them their freedom, Carleton let the fleet sail, but he kept a detailed record of each Black person on board. This record, called the "Book of Negroes", included almost 3000 passenger's names, the name of their former master and other details. In England, the National Archives preserved the book as part of the Carleton Papers and Library and Archives Canada holds a microfilm copy. Volunteers and researchers have indexed the Book of Negroes for the United Empire Loyalists' Association of Canada, which is available on the Library and Archives Canada website.

About 3500 Black Loyalists and people enslaved by White Loyalists evacuated to what is now New Brunswick, Nova Scotia and Prince Edward Island. Sadly, most did not receive the land grants promised, and those who did often received grants that were small and on poor and isolated lots. With systematic discrimination, many Black Loyalists decided to move on, mostly to Sierra Leone in Western Africa. Those who stayed worked hard to make a life for themselves and their families, despite the poor living conditions and social injustices.

Black history in Canada has had a long history, from the atrocities of slavery to the Book of Negroes, and the Underground Railroad. From segregation and systemic racism to the celebration and recognition of individuals who have made a difference. People like Lincoln Alexander, the first Black Member of the House of Commons who became the first Black person to hold a Vice Regal position in Canada, as Lieutenant Governor of Ontario and Michaëlle Jean, the first Black Governor General of Canada. People like Willie O'Ree from New Brunswick, who broke the colour barrier in the NHL when he played for the Boston Bruins. Viola Desmond, a civil rights activist from Nova Scotia, became the first non-royal woman, and first person of colour to grace a Canadian bank note. In 2018 at the unveiling of her image on Canada's \$10 bill, Viola's sister Wanda Robson said, "the Queen is in good company!" Jack Desmond, Viola's husband was a descendant of Black Loyalists, and it is thought that Viola (nee Davis) may have been as well.



"The Queen is in Good Company"



--Scott Hazelwood

**THE 2025 DOMINION CONFERENCE
SAINT JOHN, NEW BRUNSWICK**

Thursday July 10th to Sunday July 13th

The 2025 UELAC Conference Committee is pleased to announce that the 2025 UELAC CONFERENCE will be held in Saint John NB, July 10th-13th, 2025. The conference will be hosted at the Delta Hotel in downtown Saint John beside the harbour.



Parrtown was located at the mouth of the Saint John River in Nova Scotia, Western Nova Scotia with a population of some 6,000. Parrtown welcomed 14,000 Loyalist refugees. It was renamed Saint John in 1785 when this new British Colony of New Brunswick was created. Saint John is the entrance point of New Brunswick's Loyalist story.

Some of the highlights will be guest speakers **Dr. Leah Grandy** and *Loyalist Trails* contributor **Stephen Davidson**. There will be tours of Trinity Anglican Loyalist church, the Old Loyalist cemetery, The Black Loyalist History Centre, and the Loyalist House. The Gala Dinner will feature speaker and newly appointed honorary fellow **Dr. Bonnie Hoskins**. We will cap off the Conference with a Drumhead church service at Trinity Church with DeLancey's Brigade.

There will be free time to tour downtown Saint John to take in the stores, restaurants, markets, the container village of artisans on the newly renovated harbour front. Details concerning registration will be announced soon, so mark your calendars now and join us for a great summer conference!

- Conference Committee

BRANCH NEWS

We ended 2024 with our annual Christmas Luncheon which was held on Saturday, December 7th with 17 guests enjoying a turkey dinner, dessert and homemade dainties. A gift exchange brought smiles to many people as did the Educational Piece presented by Margaret Adams. Jennifer Schafer found a cookbook entitled "Loyalists at Table" (18th Century Loyalist Recipes for the 21st Century Kitchen) and Margaret made Shrewsbury Cakes using a recipe from the cookbook. Thank you, Margaret for making the "cakes"!

-Barb Schmuland UE

(Shrewsbury Cake and recipe background on page 8)



**Are you on Facebook? We are!
Join the Saskatchewan UELAC
group. Watch for new and exciting
posts, contribute and share.**

LOYALIST NOTES

Shrewsbury Cakes

It is possible that the Shrewsbury Cake was first made to be sold as a fairing (street food), at the market fair in Shrewsbury in Shropshire, England. Small cakes such as gingerbread or Barnet Cakes, for instance, are examples of other edible fairings sold at markets. Regular markets started to occur in Shrewsbury in c. 901; however, one of the earliest references to the cakes is from a c.1602 reference made by a Lord Herbert of Chirbury (Cherbury) who described them as "a kind of cake which country people use and make in no place in England but in Shrewsbury...Measure not my love by substance of it, which is brittle, but by the form of it which is circular." In addition, a recipe for Shrewsbury Cakes that appears in Henry Howard's c.1708 cookbook, England's Newest Way in All Sorts of Cookery, Pastry, and All Pickles includes the instruction to cut them into "little thin cakes" that "will bake in a quarter of an hour." Research into many other recipes for Shrewsbury Cakes correlates with this conception that they are supposed to be round and brittle (or crisp).

These cakes are a type of butter cookie that also may contain various flavourings, though many recipes are plain. Two of the more commonly used flavourings, nutmeg and rosewater, are found in the earliest known published recipe for Shrewsbury Cakes attributed to a cookbook published by John Murrell 1621. However, later recipes show that they were also flavoured with other ingredients such as mace, cinnamon, and even caraway seeds. While adding caraway seeds to a sweet cake seems unusual to modern-day tastes, it was quite common in centuries past to add seeds (and/or fruit) to cakes. The normally sharp flavour of the caraway is mellowed by the butter and sugar and works very well together.

Another very interesting feature present in some Shrewsbury Cake recipes is the instructions to dock or prick the tops of the cakes before baking (presumably to keep them thin and crisp by preventing them from puffing up). One recipe in particular offers a very creative way to do this. John Evelyn's late 17th century manuscript, Receipts Medicinal (Surrey, England) instructs the baker to make designs on the cakes by pricking them with "the great teeth of a comb that is new and kept for that use." Shrewsbury Cakes have withstood the test of both time and geography because recipes for them appear regularly in numeral English and American historic cookbooks and manuscript recipe collections. The following recipe comes from a 19th century manuscript from Baltimore held at The Maryland Historical Society.

Shrewsbury Cakes

half a pound of butter beaten to a cream,

¾ lb. of flour

½ lb. of sifted sugar

1 egg

½ oz. caraway seed



Rolled into a thin paste, cut into rounds and baked in a slow oven

“Loyalists at Table” (18th- Century Loyalist Recipes for the 21st- Century Kitchen



Winter cairn photo courtesy of istockphoto.com